

**DON'T LET**

**YOUR BRAIN**

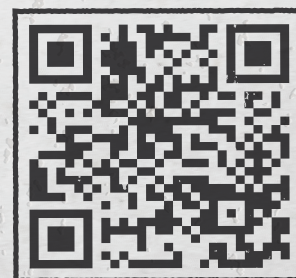
**== BE THE ==**

**ONLY  
EQUIPMENT**



**YOU DON'T  
MAINTAIN**

**THERAPY THE WAY A FISHERMAN DOES IT  
MANTHERAPY.ORG**



**LEARN MORE HERE**