### Keep Your Logging Site Safe



# Tip Your Hat to Good Hygiene



Stop hand shakes and use non-contact greeting methods.



Clean hands at the door and schedule regular hand washing reminders or use hand sanitizer if not available.



Do not share tools, equipment, or farm vehicles and/or disinfect them and high touch surfaces between uses.



Avoid touching your face. Sneeze or cough into a tissue or the inside of your elbow.



Provide space to allow workers to maintain a 6foot distance from others during rest and meal periods.

### Social Distancing

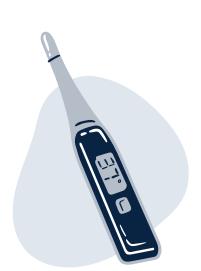
When at a job site, workers should maintain a minimum of 6 feet from each other at all times.

- Stagger shift start times and breaks.
- Reduce crew sizes.
- Adjust product flow for adequate inspection or sorting with fewer workers on the line.
- Hold meetings and trainings in small groups.
- Limit on-site visitors.



#### Stay home if...

- You are feeling sick and have a cough, fever, or shortness of breath.
- You have a sick family member at home.





SOURCE: CORNELIS DE HOOP

# Take care of your emotional and mental well-being

These are stressful times. Reach out for help! Texas COVID-19 Mental Health Support Line: 833-986-1919 National Disaster Distress Helpline: 1-800-985-5990 or text TalkWithUs to 66746. More stress and coping resources are available on the CDC website.

MORE INFO AT HTTPS://WWW.UTHCT.EDU/SWAGC-COVID19-RESOURCES-FOR-AGRICULTURAL-WORKERS