

Happy Cows, Safe Workers



Bassett Healthcare Network
New York Center for Agricultural
Medicine and Health

NEC



Story Content and Design: Salvador Sáenz
Art: Salvador Sáenz
Color and Art Support: Uriel E. Sáenz
Funding provided by the NYS Department of Labor
Occupational Safety & Health training program

It's a big day for Jose, today he starts his new job.

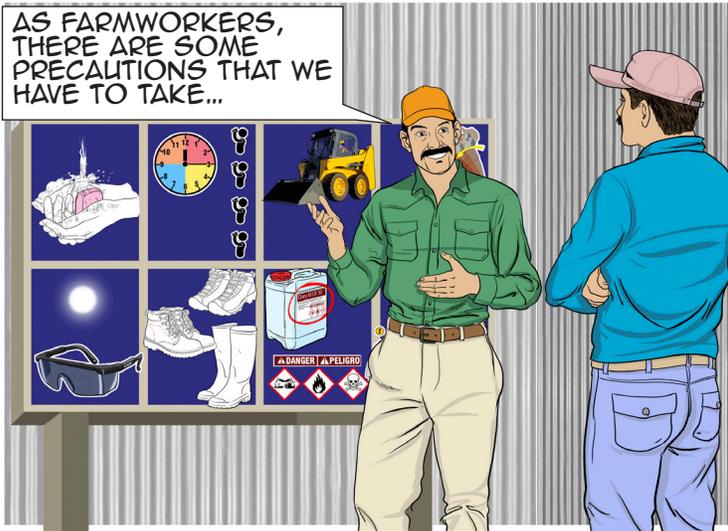


GOOD MORNING JOSE, MY NAME IS MANUEL AND I AM GOING TO SHOW YOU AROUND THE FARM.



THANKS MANUEL, I WANT TO DO MY BEST HERE.

AS FARMWORKERS, THERE ARE SOME PRECAUTIONS THAT WE HAVE TO TAKE...

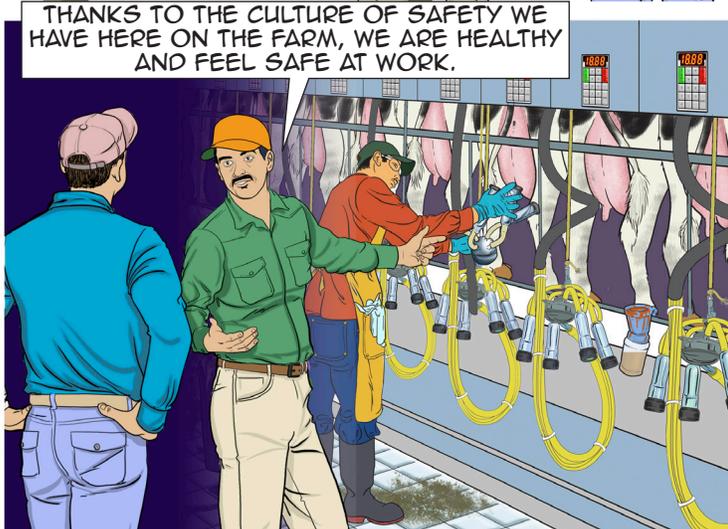


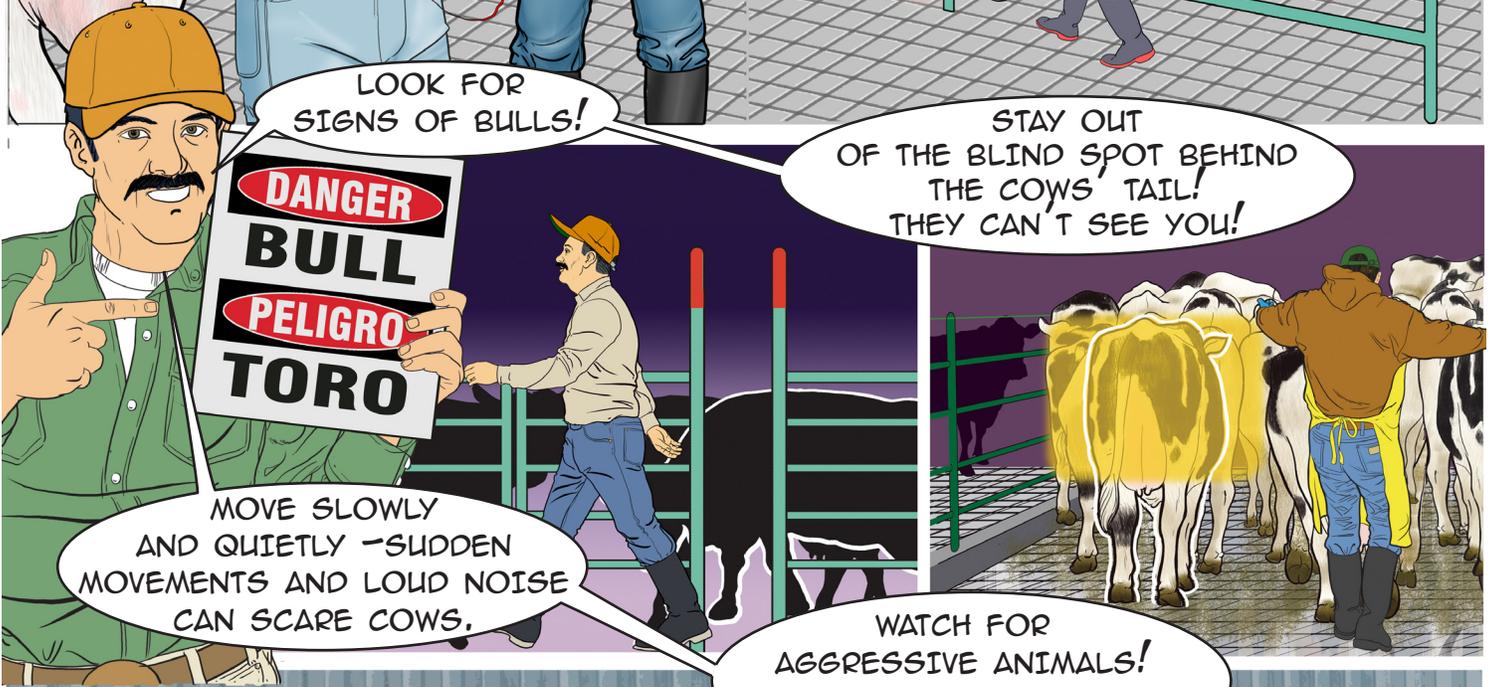
... TO STAY SAFE AND HEALTHY.

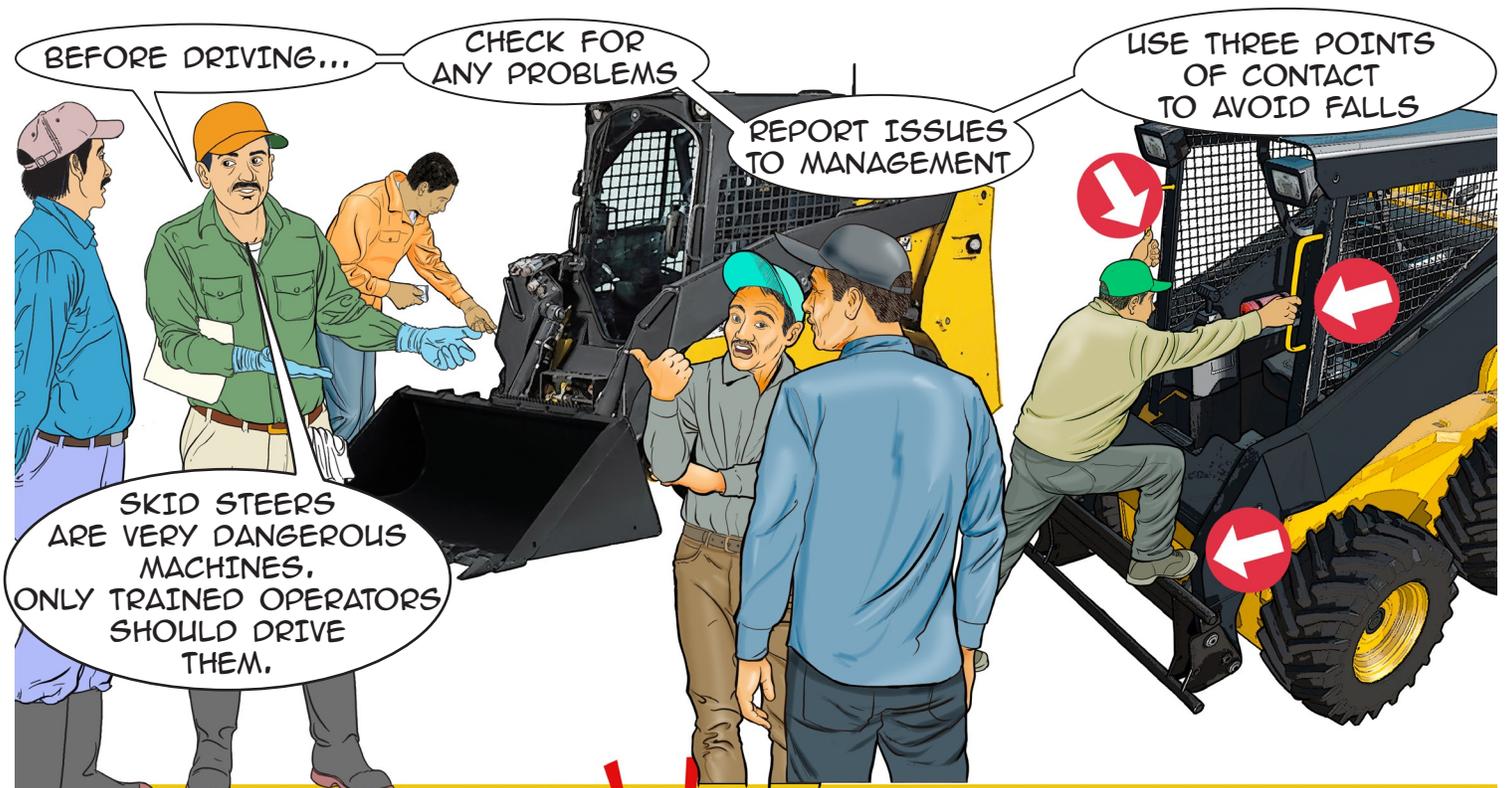


IF WE CONTINUE TO FOLLOW THESE SIMPLE SAFETY GUIDELINES, WE CAN KEEP IT THAT WAY.

THANKS TO THE CULTURE OF SAFETY WE HAVE HERE ON THE FARM, WE ARE HEALTHY AND FEEL SAFE AT WORK.







BEFORE DRIVING...

CHECK FOR ANY PROBLEMS

REPORT ISSUES TO MANAGEMENT

USE THREE POINTS OF CONTACT TO AVOID FALLS

SKID STEERS ARE VERY DANGEROUS MACHINES. ONLY TRAINED OPERATORS SHOULD DRIVE THEM.

While driving

- USE SEATBELT AND SAFETY BAR
- KEEP YOUR BODY INSIDE THE CAB
- BE AWARE OF SURROUNDINGS
- WEAR HEARING PROTECTION

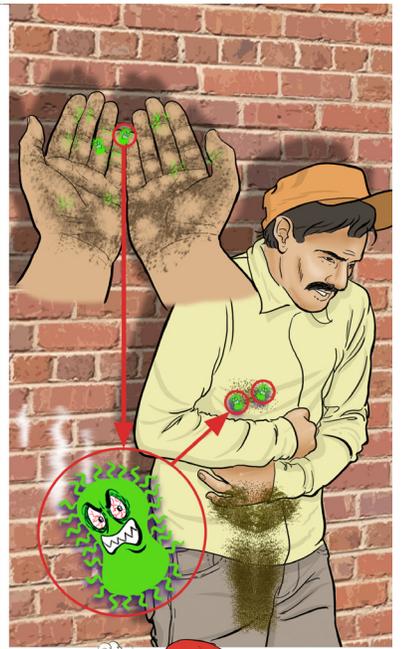
- Keep bucket low
- Slow speed on uneven ground

Use hearing protection NOT music/phone

• No extra riders

WARNING!
 All skid steer loaders are designed to be operated by trained operators only. Improper use can result in injury or death. Read the operator's manual for more information.

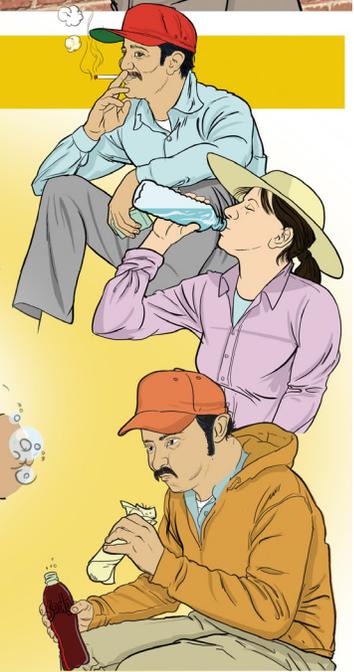
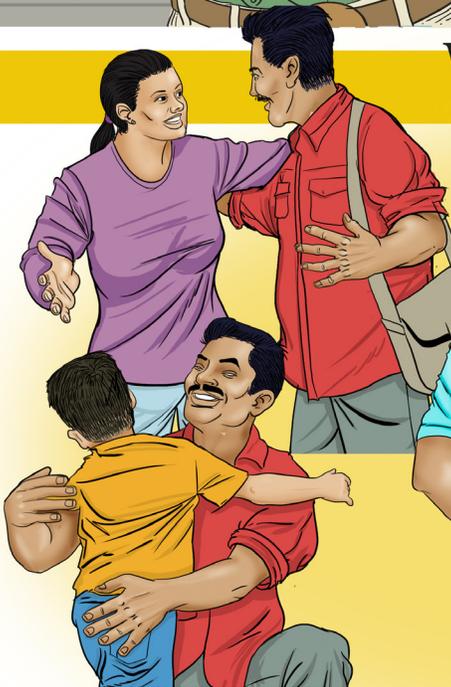
GERMS CAN SPREAD EASILY ON THE FARM. WORKERS AND ANIMALS CAN GET SICK. WE DO OUR BEST TO KEEP THINGS CLEAN.



Wash well before eating, cooking, or contact with family/children

Wash with soap and water to kill germs

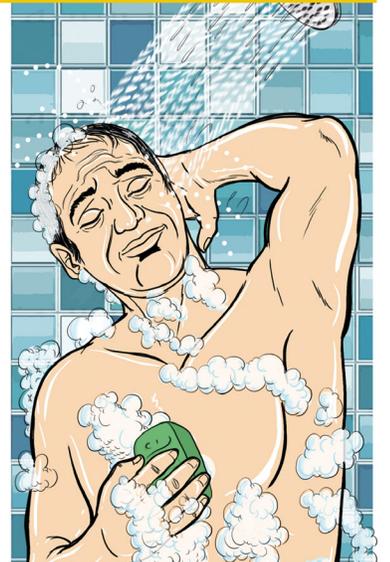
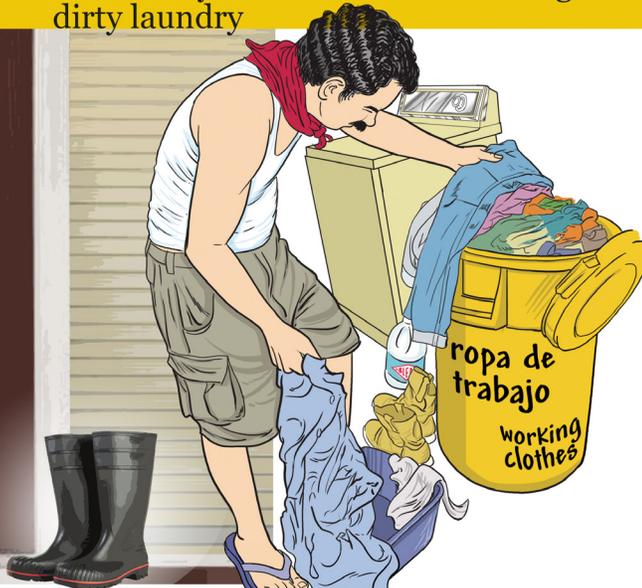
20 seconds



Wash boots after work and leave them at the door when you go home

Wash work clothing separately and wash your hands after touching dirty laundry

Shower immediately when arriving home





Before Driving



Prevent runovers





Safe practices

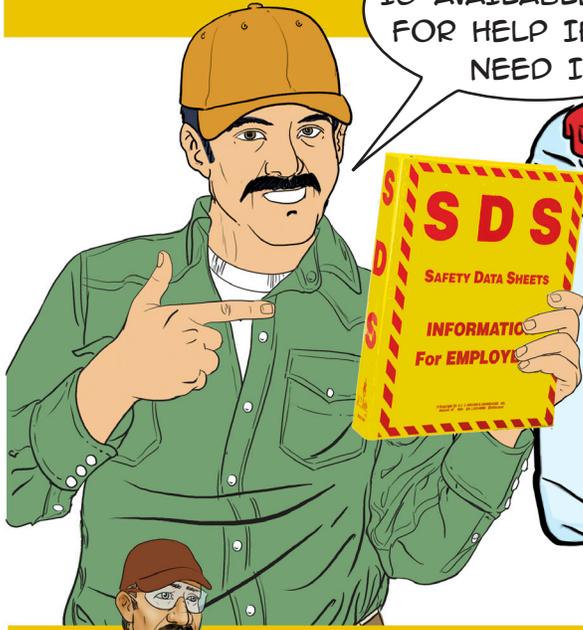


Dangerous practices



All chemical storage containers need labels!

INFORMATION IS AVAILABLE, ASK FOR HELP IF YOU NEED IT



The label tells you:

- What is it?
- How can it hurt you?
- What can you do to stay safe?

▲ DANGER ▲ PELIGRO



Wear protective equipment Don't mix chemicals



Follow label instructions

Clean up spills

In an emergency Report to supervisor right away



Get chemicals off quickly

Flush for 15 minutes





HEADPHONES AND BLUETOOTH DEVICES DO NOT PROTECT YOUR EARS FROM LOUD, HARMFUL NOISES

LOUD NOISES CAN CAUSE HEARING LOSS, DEAFNESS IS PERMANENT. PROTECT YOUR HEARING!

If you have to yell to talk with someone who is three feet away, you should be using hearing protection!

SYMPTOMS OF HEARING LOSS:

Ringing in the ears

Pain

Problems hearing others and/or yourself speaking



HOW TO USE EARPLUGS:



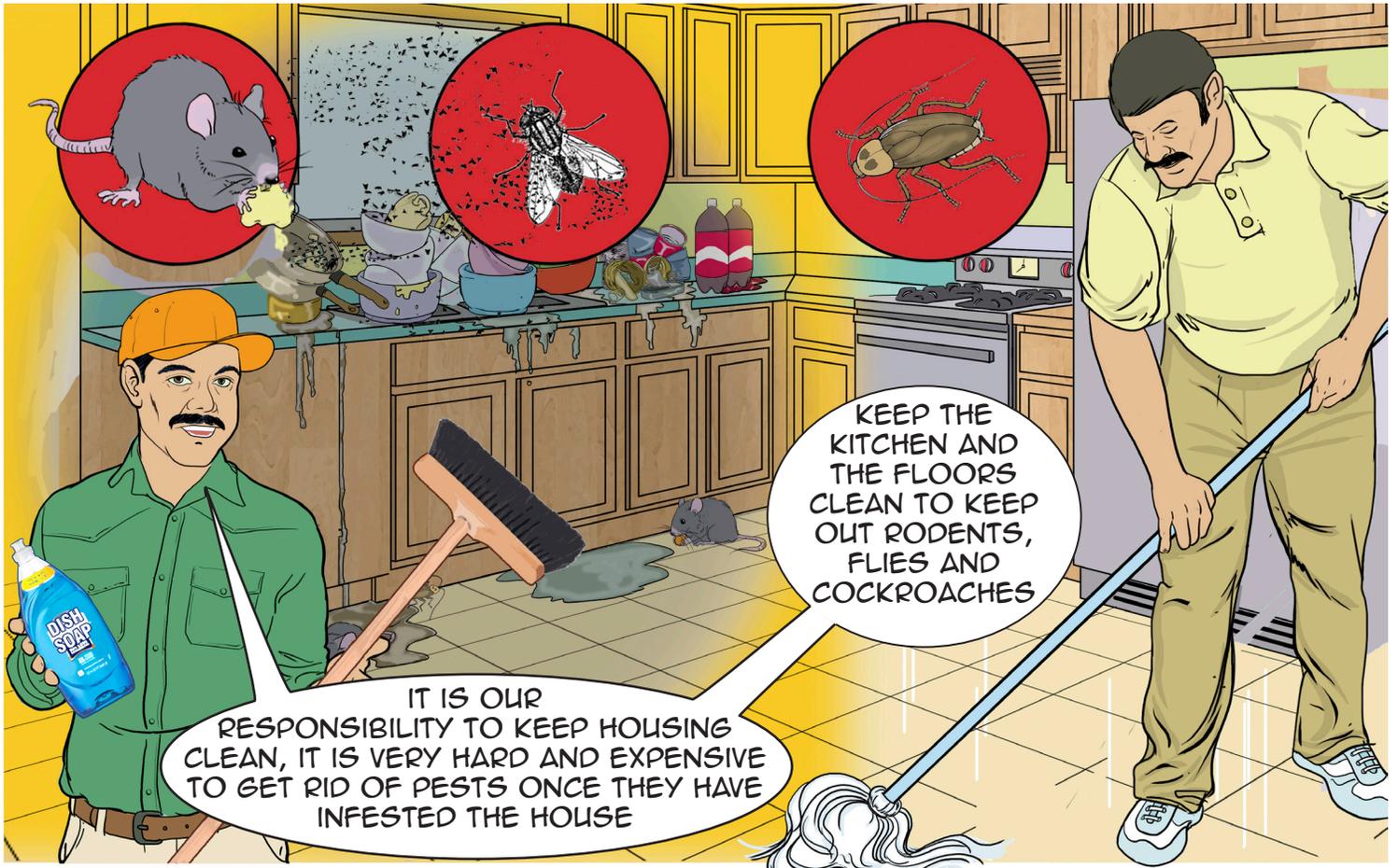
Wear hearing protection while working near loud noises, especially when you are operating machinery.

1 Squeeze and roll the earplug between your fingertips.

2 Pull the top of your ear up and insert the earplug.

3 Keep your finger on the earplug until it expands completely (30 secs.).





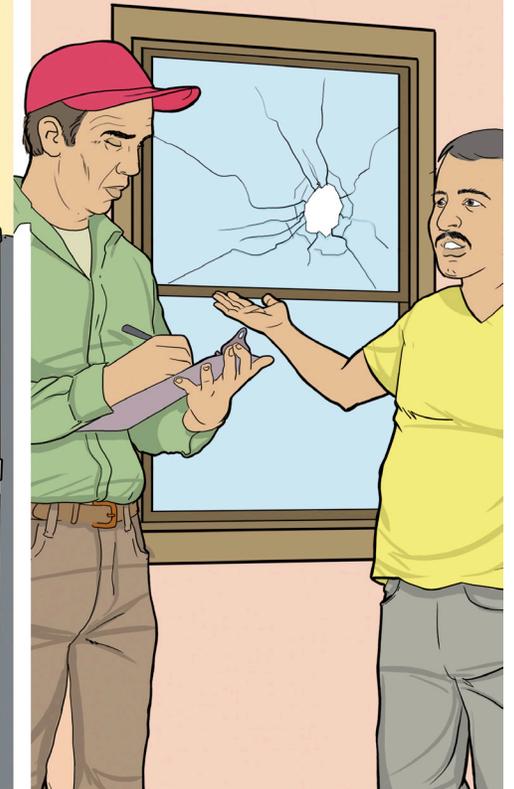
Take out the garbage frequently; don't allow it to overflow.

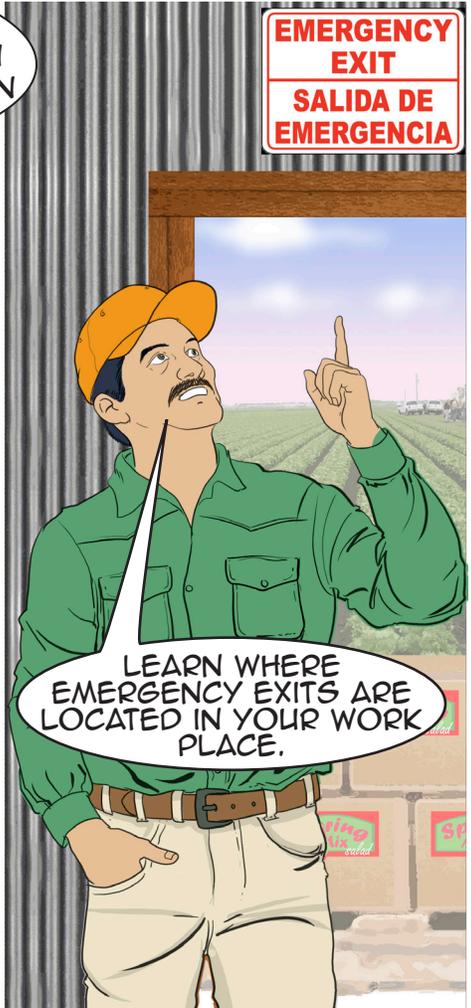


Cover and refrigerate food to keep pests away.



Tell your boss if something in the house is broken or not working





To use an extinguisher, follow these steps:

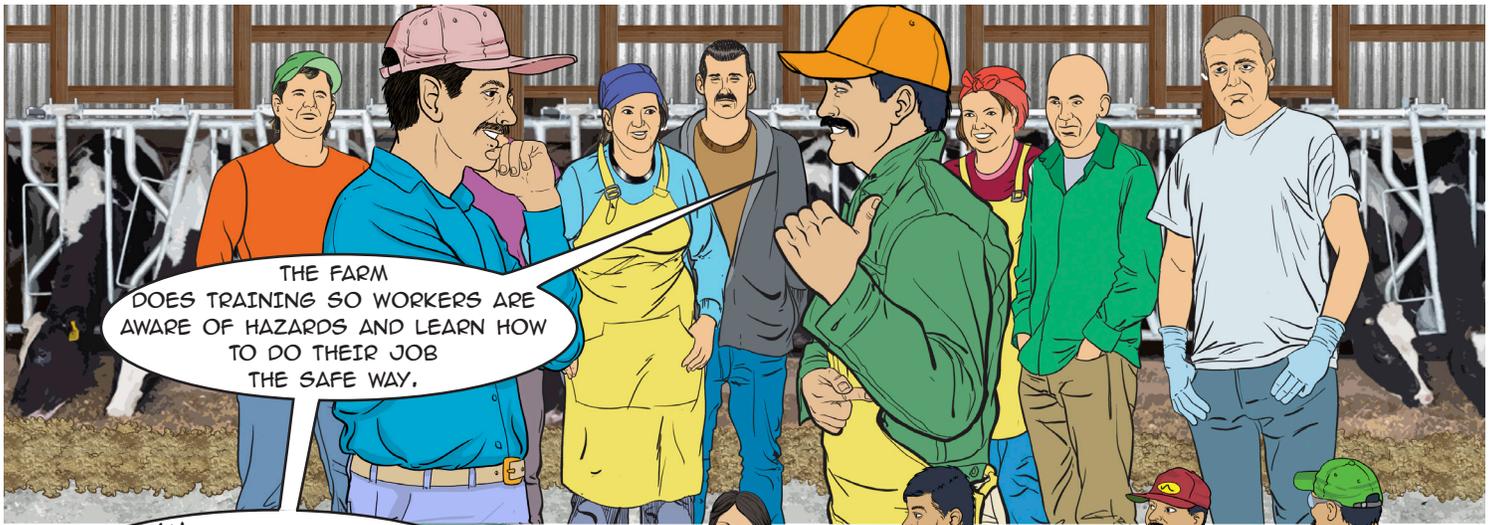
Pull the pin in the handle

Aim it at the base of the fire

Squeeze the handle/lever

Sweep it from side to side

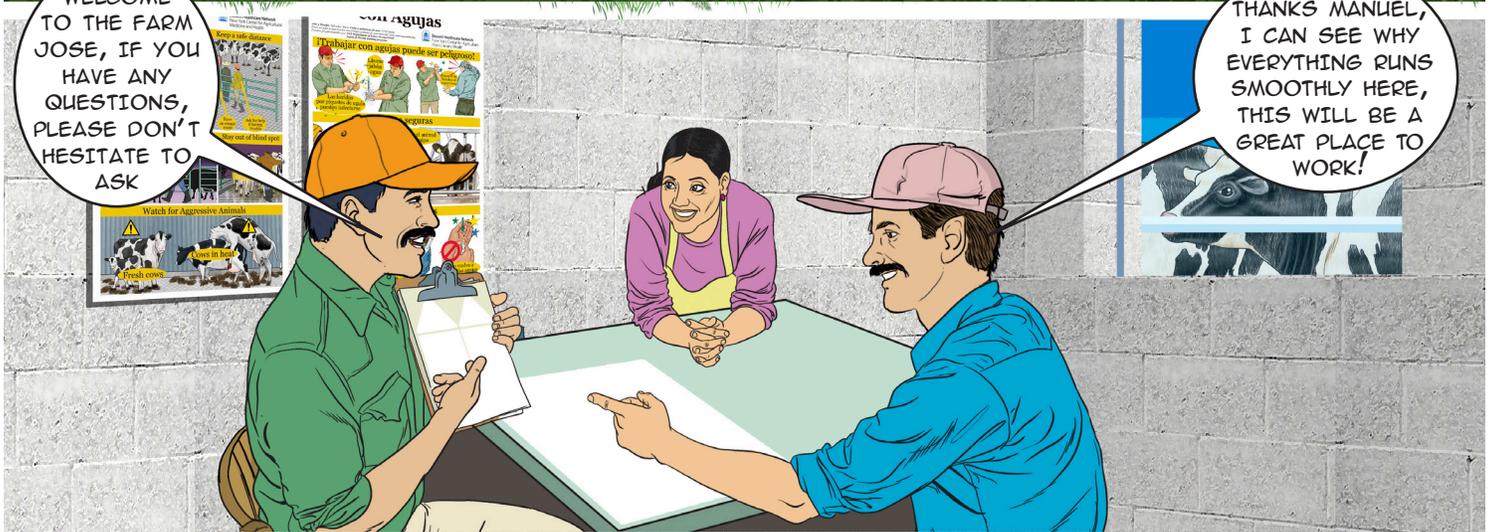




THE FARM DOES TRAINING SO WORKERS ARE AWARE OF HAZARDS AND LEARN HOW TO DO THEIR JOB THE SAFE WAY.



WE WANT EVERYONE HERE TO TAKE GOOD CARE OF THE COWS, WORK AS A TEAM, AND GET HOME SAFE AT THE END OF THE DAY.



WELCOME TO THE FARM JOSE, IF YOU HAVE ANY QUESTIONS, PLEASE DON'T HESITATE TO ASK

THANKS MANUEL, I CAN SEE WHY EVERYTHING RUNS SMOOTHLY HERE, THIS WILL BE A GREAT PLACE TO WORK!

¡PREPÁRESE!

Name of farm _____
 Nombre de la lechería _____
 Address _____
 Dirección _____
 Name of farm owner _____
 Dueño o responsable de la lechería _____
 Supervisor phone number _____
 Teléfono del supervisor _____

In case of emergency
En caso de emergencia

1. Call 911	● Llame al 911
2. Administer first aid	● Proporcione los primeros auxilios
3. Inform your supervisor	● Informe a su supervisor