

Stay Healthy Working with Animals

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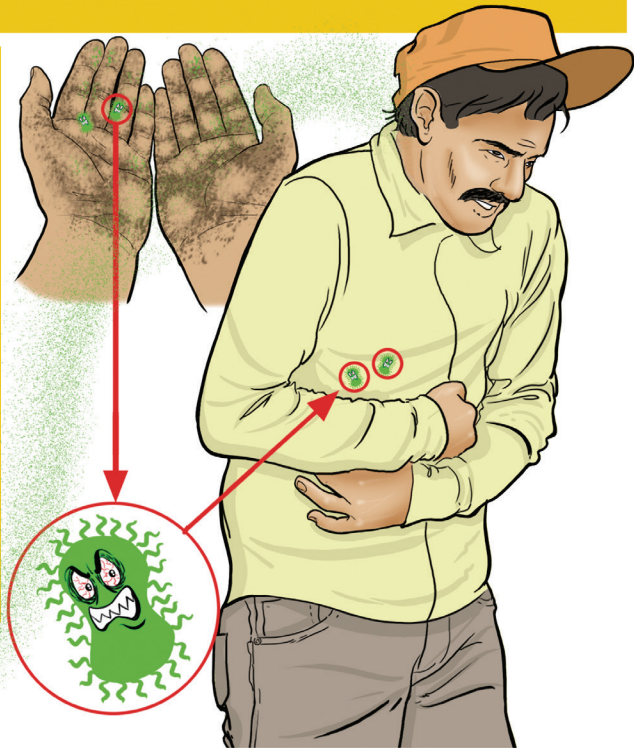


Bassett Healthcare Network
New York Center for Agricultural Medicine and Health

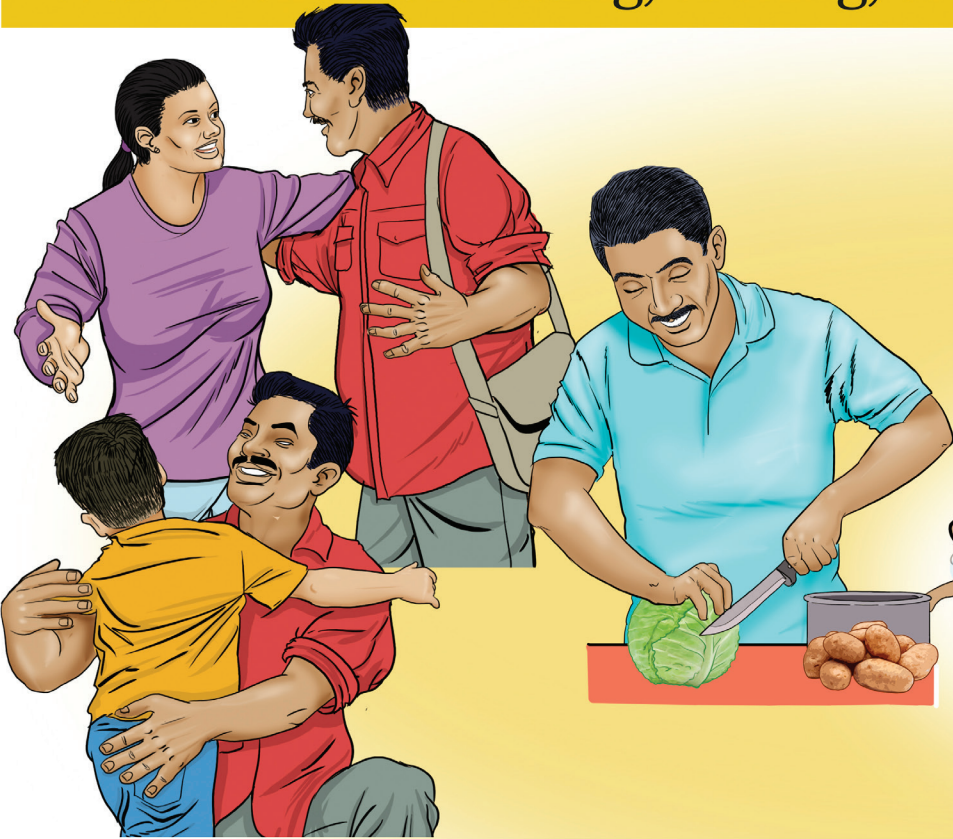
Hygiene for health



- Germs spread easily on the farm
- Cows and workers can get sick
- Tell your supervisor if you have vomiting or diarrhea



Wash well before eating, cooking, or contact with family/children



Wash with soap and water to kill germs

20 seconds



Wash boots after work Wash work clothing separately Shower immediately when arriving home

